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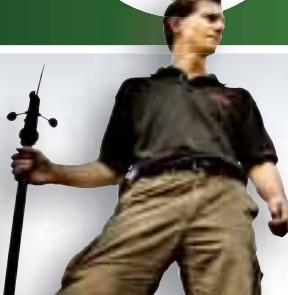
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**WHY, YOU ASK? F'S OFF!**

Australian funnyman Daniel Oldaker balanced a melon on his head for the entire Fringe Theatre Festival launch at Old Market Square on Wednesday to bring attention to his show *Dandyman*. The theme of this year's festival is "The F Word." The 26th annual event features shows from more than 160 companies from around the world and runs until July 28. Go to [winnipegfringe.com](http://winnipegfringe.com) for all the details. SHANE GIBSON/METRO

**Buy a condo,  
collect \$10K**

**Incentive.** Big money for those who buy in the Exchange and live there for five years

BERNICE  
PONTANILLA  
bernice.pontanilla@metronews.ca

A controversial \$10,000 cash incentive for people purchasing condominiums in the Exchange District was approved by city council on Wednesday.

The incentive, which is part of the Exchange Waterfront Neighbourhood Development Program, was heralded as a unique program meant to increase the number of residents in the area.

The plan calls for \$2,000 per year for five years.

Downtown committee chair Coun. Mike Pagtakhan (Point Douglas), whose committee first approved the plan, said the plan was need-

**Mayoral arousal**

"Can this money be used to entice some of the amenities we need? And I was told absolutely, and that's what turns me on."

Mayor Sam Katz, citing grocery stores as an example.

ed to boost development in the east Exchange.

"That's what it's all about," he said, adding both Centre-Venture and the provincial government are on board.

However, the vote, which was not officially recorded, did not pass unanimously. Couns. John Orlikow, Brian Mayes and Russ Wyatt voted

against it.

Orlikow said it should be the market that dictates purchasing, and if developers want to sell more units, they should lower their prices.

"I really didn't have the sense that this was necessary," he said, adding other incentives could have been considered.

Mayor Sam Katz said his motivation is to entice new development in the east Exchange, not the purchase of current units on the market — though it's not conditional on new development.

Furthermore, by bringing in new residents, Katz said he hopes businesses will follow suit.

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# If kitties could cast ballots

## Bylaw approved.

Advocates for low-cost spay/neuter clinic not giving up their fight

Supporters of a low-cost spay and neuter clinic for Winnipeg said while they're disappointed city council approved a new bylaw that included cat licensing, they're encouraged by the support they received from a few councillors.

James Webb and Elizabeth Labelle of Citizens Helping to End the Cat Crisis urged city council to make a strong commitment to the idea of a clinic to deal with the cat overpopulation. "We're disappointed that there's no specific plan for a spaying and neutering other than a vague notion to expand it," said Webb after the meeting.

Labelle said her group will now turn its attention to making the low-cost spay and neuter clinic an issue in the next civic election in October of 2014.

City council held two votes that ultimately endorsed the much-maligned Responsible Pet Ownership Bylaw.

A first vote on the cat licensing portion of the bylaw passed

**Post council meeting**

## Wyatt Weekends for 2014?

Coun. Russ Wyatt (Transcona) told Metro following Wednesday's city council meeting that his idea for unpaid Fridays for civil servants over the summer months will have to wait until next summer.

"It's still an option for 2014," he said. "We have to keep, I think, all our options available, including that."

12-4, with Couns. Scott Fielding, Paula Havixbeck, John Orlikow and Harvey Smith recorded in opposition.

Mayor Sam Katz said there are many positive aspects to the new bylaw, however, if there are concerns that crop up, the bylaw can be "massaged." Cat licenses would annually cost \$15 for spayed or neutered cats and \$50 for intact cats. The failure to license a cat would result in a \$250 fine, similar to the fine imposed for not licensing a dog. **BERNICE PONTANILLA/METRO**



Have a pair of kitties? They'll now cost you more after city hall passed a new bylaw Wednesday. **ELISHA DACEY/METRO**

# Ban trucks from Provencher, Vandal says



Dan Vandal **BERNICE PONTANILLA/METRO**

An important St. Boniface thoroughfare may see an end to truck traffic if the area's ward councillor has his way.

Coun. Dan Vandal, seconded by Coun. Brian Mayes, put forward a motion during Wednesday's city council meeting calling for Provencher Boulevard to lose its designation as a full-time truck route.

Vandal said this has been

the wish of residents and business owners for many years.

"We've been trying to create a quiet ambiance on Provencher where you can have a beer ... or have dinner, and it's difficult to do with loud trucks that are prevalent on the boulevard all day," he said.

"I get complaints from my constituents regularly about, 'Can we do something about

the trucks?' and if we can remove the trucks from Provencher then that's one more incentive for the restaurants and for the hospitality industry, the service industry to set up (shop).

"We need more than that, but I think it's a significant step in the right direction."

Provencher does connect to the St. Boniface Industrial Park, but Vandal believes

there are other routes trucks can take, such as the Louise and Norwood bridges. Vandal clarified that trucks will be allowed to service the businesses and properties in the area. His motion will likely receive automatic referral to the next infrastructure renewal and public works committee, which he chairs, meeting in September.

**BERNICE PONTANILLA/METRO**

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NEWS

# Report. BMO sees good times ahead for provincial economy

Manitoba is headed for a period of steady economic growth, according to a report issued Wednesday by Bank of Montreal.

In Winnipeg alone, the bank expects to see 12,000 new jobs created over the next three years.

That would pull the jobless rate in the province's largest city down to five per cent, among the lowest in Canada.

"Manitoba's diverse economy continues to grow at a steady pace," BMO senior economist Robert Kavcic said. "Stability remains one of Manitoba's key economic strengths, and the city of Winnipeg is no exception."

The bank estimates Manitoba's economy will grow by two per cent this year, down from 2.7 per cent last year, but still better than the national average.

It says Manitoba's manufacturing sector is on the mend after falling seven per

cent during the recession.

BMO said exports should be boosted further if recent weakness in the Canadian dollar persists.

On the housing front, Winnipeg is experiencing some softness, as many other Canadian cities are in the wake of tightened federal mortgage rules announced last year.

Existing home sales in Winnipeg were down 6.3 per cent in the first six months of 2013 compared to the same period a year ago.

However, average prices are up seven per cent and new listings were up eight per cent from a year ago in June. BMO said housing in Winnipeg remains much more affordable than Calgary, Vancouver or Toronto.

Housing starts were at just over 4,000 units in the year leading up to June — close to the highest level since the late 1980s.

THE CANADIAN PRESS



## Thousands protest PST with petition

Canadian Taxpayers Federation Prairie director Colin Craig, right, speaks to reporters after handing over a petition with the names of over 8,000 Manitobans opposed to the province's PST hike to provincial Liberal Leader Jon Gerrard, far left, and Manitoba PC MLA Reg Helwer at the steps of the legislative building Wednesday.

SHANE GIBSON/METRO

### Labour

## MTS and union reach tentative agreement

Manitoba Telecom Services Inc. has a tentative collective agreement with the union for 1,200 employees in professional and managerial roles at MTS Inc.

The deal comes two weeks after the Telecommunications Employees Association of Manitoba voted for strike action for the first time in its 40-year history. The first possible date for a strike was July 16.

The union says the three-year agreement calls for increases to base salary of two per cent, two per cent and 1.7 per cent.

It also provides for an agreement on contracting in work as well as new paid-leave and vacation provisions for new employees.

There are no changes on paid leave days, vacation or overtime for current members of TEAM.

THE CANADIAN PRESS

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A Guide to Routes:  
• Park & Ride locations - Routes 1-9  
• Fan Fare routes - Routes 10, 11 & 100  
• Running Rail Shuttle - Route 100b (not shown)



A transit map will be handed out to Bomber faithful at Friday's game at Investors Group Field. CONTRIBUTED

# Bombers make more transit improvements

### Better signs, maps.

Fans should find it easier to get to Friday's game

The Winnipeg Blue Bombers have made more transit improvements in light of Friday's game.

In an email sent out to season-ticket holders, the Blue and Gold say there will be new signs to help people find their Park and Ride, Fan Fare and Shuttle Bus loading areas.

Other improvements:



The new bus signs. CONTRIBUTED

• A new downloadable Fan Map.

• On-street way-finding signs along Chancellor Matheson with all bus routes clearly marked.

- Improved bus-boarding sites and staging of standby buses.
- Transit supervisors on site to assist with boarding.
- Map handouts when fans board Park and Ride buses.
- Map handouts when Fan Fare fans disembark from buses at the stadium.
- In-game promotion on HD screens to promote large fan-map posters, which will be posted in all washrooms.

ELISHA DACEY/METRO

## First Nations. Indian Act card belongs in 'garbage': Nepinak

A Manitoba aboriginal leader has tossed out his Indian Act card, saying the Assembly of First Nations isn't getting the job done when it comes to negotiating better treaties with Ottawa.

Chief Derek Nepinak of the Assembly of Manitoba Chiefs says there are good people within the AFN, but he questions the organization's mandate. Speaking at a National Treaty Gathering of rival chiefs in Onion Lake, Sask., he said First Nations need to take a stand against the federal government and against companies exploiting their traditional lands.

He said Ottawa doesn't understand the spiritual relationship aborigines have with the land, a relationship he says is at the heart of the treaties

natives signed.

Nepinak then threw his Indian Act card away. "This Indian Act card is done with me and I'm done with it. I'm putting this in the garbage," he said on the opening day of the gathering on Tuesday.

He also suggested that indigenous political organizations, whether they are regional bodies or national ones, have become agents of non-aboriginal government policy. He acknowledged his own group is part of that system.

The AFN is holding its annual meeting as well this week in Whitehorse, Yukon. The conflicting schedules point to a schism between aboriginal factions that has only widened since this winter's Idle No More protests.

THE CANADIAN PRESS

### Gunpoint robbery

### Armed bandits make off with... pizza?

Two men being sought after reportedly greeting a pizza delivery guy with a gun in Elmwood Wednesday must really like extra-large pepperoni pies.

Police say the men demanded only the pizza from the driver who pulled up to a house on Tweed Avenue with an order at about 12:30 a.m. No money, just the pizza.

There's no word on whether the thugs left a tip. The driver was not injured.

The suspects are described as black, 25 to 30, one with a thin build and the other muscular. Anyone with information should call police. METRO

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## Dear Malala. Taliban commander writes to girl his group tried to murder

A prominent Pakistani Taliban commander has written a letter to a teenage girl shot in the head by the group, expressing regrets that he didn't warn her before the assassination attempt that propelled her activism to the international stage.

The letter from Adnan Rasheed, however, didn't apologize for the October attack that left Malala Yousafzai gravely wounded. Rasheed, who has close relations with Taliban

leaders, only said that he found the shooting "shocking" and wished it hadn't happened.

Rasheed said he would leave it up to God to decide whether the activist for girls' education should have been targeted.

Rasheed said the Taliban did not attack Malala because she was a proponent for girls' education, but because she was critical of the militant group when it took over much of her hometown. **THE ASSOCIATED PRESS**

### Same-sex marriage

#### Britain makes it official: Gay marriage OK'd

With little fanfare or controversy, Britain announced Wednesday that Queen Elizabeth II had signed into law a bill legalizing same-sex marriages in England and Wales.

**THE ASSOCIATED PRESS**

### Royal birth

#### England and wails: Queen impatient for baby to arrive

Asked whether she was hoping for a boy or a girl as her third great-grandchild, Queen Elizabeth II said, "I don't think I mind. I would very much like it to arrive. I'm going on holiday."

**THE ASSOCIATED PRESS**

# 22 kids die in India after eating free school lunch

### Dozens sick. Not yet clear how food got tainted with insecticide

The children started falling violently ill soon after they ate the free school lunch of rice, lentils, soybeans and potatoes.

The food, part of a program that gives poor Indian students at least one hot meal a day, was tainted with insecticide, and soon 22 of the students were dead and dozens were hospitalized, officials said Wednesday.

It was not immediately clear how chemicals ended up in the food at the school in the eastern state of Bihar. One official said that the food may not have been properly washed.

The children, between the ages of 5 and 12, got sick soon after eating lunch Tuesday in Gandamal village in Masrakh block, 80 kilometres north

### Headmistress flees

- Authorities suspended an official in charge of the free meal scheme in the school and registered a case of criminal negligence against the school headmistress, who fled as soon as the children fell ill.

of the state capital of Patna. School authorities immediately stopped serving the meal as the children started vomiting.

Savita, a 12-year-old student who uses only one name, said she had a stomach ache after eating soybeans and potatoes and started vomiting.

"I don't know what happened after that," Savita said in an interview at Patna Medical College Hospital, where she and many other children were recovering.

**THE ASSOCIATED PRESS**



Children who fell sick after eating a free school lunch lie at a hospital in Patna, India, Wednesday. At least 22 kids died. **AFTAB ALAM SIDDIQUE/The Associated Press**

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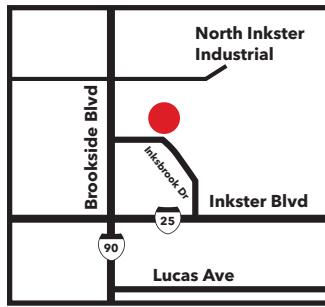


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# Evasive owner of gore website faces jail time

## Corrupting morals.

Edmonton man charged for posting alleged Magnotta video online

 ANNALISE KLINGBEIL  
Metro in Edmonton

The Edmonton owner and operator of a "shocking" gore website has been charged for posting a video allegedly sent to him by Luka Magnotta that depicts the murder of university student Jun Lin.

Magnotta is scheduled to stand trial in September 2014 for the murder and dismemberment of Lin, whose

severed body parts were mailed across the country in spring of last year.

A video depicting the murder was allegedly sent by Magnotta to bestgore.com and posted online by the website's owner and operator, Edmontonian Mark Marek. The video remained on the site for eight days.

After a lengthy police investigation that included months spent trying to track down Marek, who authorities believe has no fixed address and was living out of a vehicle, the 38-year-old has been charged with corrupting morals.

"I've never heard of that charge before ... I believe this may be the first time it's ever been laid in Edmonton," said EPS Staff Sgt. Bill Clark.

Clark said two Edmonton detectives from the homicide section were assigned to the case in June of 2012 and worked to track down the site's owner and operator.

Cops located Marek in Edmonton in February but still had not obtained enough evidence to charge him.

The day after he was located, Marek left the country and Canadian Border Services was notified.

On July 10, Marek landed in Vancouver and his laptop, hard drive and USB keys were seized. Police still didn't have enough evidence to lay charges.

A co-operative Marek was interviewed on Tuesday afternoon in Edmonton and provided authorities with "a lot" of evidence, Clark said.



## Alleged kidnapper pleads not guilty on 977 counts

Ariel Castro stands before a judge during his arraignment on an expanded 977-count indictment Wednesday in Cleveland. Castro is charged with kidnapping and raping three women for more than a decade in his Cleveland home. Castro pleaded not guilty to 512 counts of kidnapping and 446 counts of rape, among other crimes. TONY DEJAK/THE ASSOCIATED PRESS

## First Nations

### Leaders seek food security from feds

Angry leaders from the Assembly of First Nations want a federal response to research that says nutritional experiments were conducted on unwitting, hungry aboriginal children in the 1940s.

Grand Chief Shawn Atleo says the revelations in a Canadian Press story are dominating conversations at an assembly meeting in Whitehorse.

He says the assembly is drafting an emergency resolution demanding that Ottawa acknowledge that aboriginal children are still hungry.

The AFN leaders say the Harper government should stop fighting the assembly's attempts to ensure food security for aboriginal people.

A spokeswoman for Aboriginal Affairs Minister Bernard Valcourt has said the current federal government was shocked by the findings. THE CANADIAN PRESS

## LUXURY LIVING SURE TO DAZZLE

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# Artist remembered for his grasp of humanity

**Alex Colville dead at 92.** Canadian draws praise from curators across the country

Alex Colville will be remembered for his ability to tap into the human condition with the dab of a brush, reflecting both the tranquil and unsettling moments of life, members of the Canadian art community said Wednesday after hearing of the artist's death.

Colville's work spoke a universal language that reflected what it meant to be human, said Sarah Fillmore, chief curator at the Art Gallery of Nova Scotia in Halifax.

"The more you look at those paintings, the more they kind



Alex Colville's 1955 painting, *Cattle Show*. The Canadian artist's son, Graham, says his father died at home in Wolfville, N.S., on Tuesday. HANDOUT/THE CANADIAN PRESS

of unfold, and our own experiences become his experiences," she said.

"The best thing that art can do is help you to see yourself."

Colville died of a heart con-

dition Tuesday in Wolfville, N.S. He was 92.

His death drew tributes from artists and curators across the country.

"What Colville was probably tapping into was something about the human condition that he felt was absent from what he was seeing in most images around him," said Crystal Mowry, senior curator at the Kitchener-Waterloo Art Gallery in Ontario. THE CANADIAN PRESS

## Death of a genius

**"I think his legacy is his great humanity, his intellectual rigour, his consistency and vision."**

Charlie Hill, curator of Canadian art at the National Gallery in Ottawa

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## Lac-Mégantic. Disaster site the latest draw for curious Quebec tourists

The shocking images of flames ravaging Lac-Mégantic have drawn visitors to the small Quebec town, hoping for glimpses of a morbid tourist attraction.

It's a dreary development for a town that long has prided itself on its tourism pull as a picturesque community in a region known for its natural landscapes and centennial architecture.

The derailment that killed dozens of residents and razed the town centre quickly

prompted officials, fearing an exodus of tourists and an even deeper hit to the local economy, to sound the alarm.

After anxious tourists fled the area and cancelled bookings in the days after the crash, Mayor Colette Roy-Laroche publicly pleaded for their return.

Her appeal seemed to resonate with travellers. In fact, they arrived in such great numbers last weekend that the mayor was forced to revisit her invitation. THE CANADIAN PRESS



People head to the beach in Lac-Mégantic, Que., on Monday. After anxious tourists fled the area and cancelled bookings in the days after the crash, Mayor Colette Roy-Laroche publicly pleaded for their return. RYAN REMIORZ/THE CANADIAN PRESS

## 'Lapse of judgment'

### MLA could face solicitation charge



**Mike Allen**  
THE CANADIAN PRESS

An Alberta politician arrested in the United States should find out by the end of the week whether he'll have to return south of the border to face a charge of soliciting prostitutes.

Mike Allen, member of the legislature for Fort McMurray-Wood Buffalo, was arrested Monday night by police in St. Paul, Minn., during a prostitution sting. He was in the city attending a midwestern legislative conference.

After he was released Tuesday, he phoned in his resignation from Alberta's governing Progressive Conservative caucus and issued an apology for "an embarrassing moment" and "lapse of personal judgment."

THE CANADIAN PRESS

# Deadly gales, happy trails

While a violent tempest can destroy property and bring financial ruin, it's also the key to fortune for an intrepid breed of entrepreneur: the storm chaser. George Kourounis, full-time chaser and former host of the TV series *Angry Planet*, reveals the secrets to survival in his dream job.

RITA POLIAKOV  
rita.poliakov@metronews.ca

Instead of your math homework, you were busy counting lightning strikes. When your parents pleaded with you to go to law school, you drowned them out with the sound of hurricane-force winds. So unless you became a meteorologist, chances are you're still seeking that dream job.

Well, storm chasing may just be in your forecast.

As violent weather becomes more common, what may have seemed like a fairy tale now might be a valid career choice.

It worked for George Kourounis, a full-time storm chaser and adventurer who tracked his first tempest in 1998. After years of dodging cattle, embracing hail and praying for lightning, Kourounis, who makes his living by photographing and filming tornadoes, hurricanes and other natural phenomena, offers four skills you'll need to thrive — and survive — in your ideal career.

## Take your veggies, leave the candy

You have to know what you're looking for. Kourounis hunts for supercell storms — thunderstorms known for their rotating updraft.

"It looks like a cauliflower," he says of storms with the potential to produce a good tornado. "If it looks like cotton candy — soft and mushy — then no."

What Kourounis is really searching for is a cap, a layer of warm air that covers cold air in a storm. If it's strong, but not too strong, then the storm will eventually get through the cap. "Then you've got these explosive storms," he said.

## Learn to mind the cows

Driving skills are crucial.

"Some of the most dangerous things don't involve the actual phenomenon," Kourounis said. "Driving on the roads, that is far more dangerous."

That's because tracking a storm will often involve hours of driving, sometimes on unpaved, dangerous paths. Factor in other storm chasers paying more attention to the sky than the road, panicked locals, clay surfaces that don't mix well with water and errant farm equipment, and your chances of crashing have just skyrocketed.

Kourounis has even been caught in a cattle stampede at the worst possible time.

"We had baseball hail coming down, a tornado on the ground moving slowly toward us ... and a herd of cattle that would not get out of my way," he said.

## Develop a strong stomach

Storm chasing comes with its fair share of superstitions.

Kourounis firmly believes, for example, that if he accidentally hits a bird, he'll find a storm that day. He also refuses to eat steak unless he's seen a tornado. And when in Texas, if you pass an Allsup's, you better stop for a burrito — no matter how unappetizing — or the fates will be against you.

## Know when to walk — or run — away

Kourounis's most important rule is simple enough: Know when to let the tornado go.

"No photo's worth dying for," he says.

## Raining cash?

According to Kourounis, one tornado season can cost a few thousand dollars in gas, food, hotels and travel. And your competition isn't just other storm chasers, but everyone with a cellphone camera who's willing to give their shots away for free.

- On the flip side, documentaries looking for professional storm footage can pay \$35 per second.

## Head in the clouds

If you're looking for the perfect twister, here's his list of the best places to find it:

- **Tornado alley:** North Texas, Oklahoma, Kansas, Nebraska (May and June)
- **Dixie alley:** Mississippi, Alabama, Tennessee (March and April)
- **Northern plains:** Dakota, the Canadian Prairies (summer)
- **Southern Ontario:** in the corridor from Windsor to Barrie (May to August)

## Moving targets

# 1,200

The U.S. gets about 800 to 1,200 tornadoes a year. Canada gets about 60.

# Gear up and get going

## Strobe, emergency lights

These help illuminate the road. Essential at night.



## A good laptop

This is key. Kourounis's computer has radar software that he checks regularly.

## Radio

This is Kourounis's link to the outside world. It allows him to communicate with fellow storm chasers and weather stations.



RITA POLIAKOV/METRO IN TORONTO

## A trusty car

Kourounis has a 1999 Honda CRV. The car is covered in hail dents, which he sees as trophies. He's had to replace the windshield several times.

## GPS

Kourounis has a basic model as well as a more sophisticated GPS that he runs on his computer.

## More online

Check out videos of George Kourounis's escapades online at his YouTube account, gkourounis.



# 'KFC eleven' goes boneless, drops colonel



KFC will offer new boneless pieces of chicken as an alternative to its traditional breast, thigh and drumstick pieces. The chain says the offering reflects the growing popularity of easier-to-eat chicken strips and nuggets. **KFC/THE ASSOCIATED PRESS**

**But is it still finger lickin' good?** The fast-food chain is opening a test upscale restaurant, with the Original Recipe, minus bones and mascot

KFC is tossing out the chicken bones and the quaint image of founder Col. Harland Sanders as it gets ready to test a slightly more upmarket restaurant.

The fried chicken chain says it's opening a location called "KFC eleven" early next month near its headquarters in Louisville, Ky., that will serve flatbreads with toppings, rice bowls, salads and only boneless pieces of its Original Recipe chicken.

The restaurant's exterior won't feature Sanders, whose bespectacled, white-bearded likeness has long been front and centre at traditional KFC

**Would Col. Sanders approve?**  
John Cywinski, president of KFC, said in an interview the company hoped to use the new test location to learn how it can update its offerings and draw in a broader customer base, particularly women.

locations. But the name of the test restaurant is a reference to the 11 herbs and spices Sanders used in the Original Recipe.

KFC eleven's opening is a reflection of the challenges facing traditional fast-food chains such as McDonald's, Burger King and Wendy's. The problem is that people in their 20s and 30s are increasingly heading to chains such as Chipotle Mexican Grill and Panera Bread, where they feel they get better food for slightly higher prices.

**THE ASSOCIATED PRESS**

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## New leadership

### BoC holds steady on 1% interest rate

Stephen Poloz may have brought more candour to the Bank of Canada, but he is following Mark Carney's lead in maintaining interest rates at super low levels for what is likely to be at least another year.

The central bank issued its first policy announcement and economic outlook under the new leadership on Wednesday, adjusting slightly the expected growth rates, but solidly sticking with the one per cent policy interest rate that's been in place almost three years.

Some analysts had anticipated Poloz would set a new course from Carney, but there was little sign the men see the world differently. **THE CANADIAN PRESS**

## Access to Europe. Porter Airlines inks interline deal with Icelandair

Porter Airlines has signed an interline agreement with Icelandair that gives passengers on its flights access to Europe on a single combined e-ticket, the Toronto-based airline announced Wednesday.

The agreement allows passengers to book a single combined e-ticket for Porter Airlines and Icelandair flights and check baggage through to their final destination.

"This is Porter's first interline agreement providing access to Europe," said Michael Deluce, Porter's chief commercial officer.

"Icelandair has numerous gateways within our network that passengers can fly from."

Icelandair recently ex-

## Two growing airlines

- Icelandair provides service to Iceland from several North American cities and offers connections to more than 20 cities in Scandinavia, Britain and Continental Europe.

- Porter is a regional airline based at Billy Bishop Toronto City Airport.

panded its seasonal service from Toronto's Pearson Airport to a year-round operation and resumed seasonal service from Halifax with up to three flights a week.

**THE CANADIAN PRESS**



## Company involved in derailment lays off staff

An engineer checks the engine of a Montreal, Maine and Atlantic locomotive outside the offices of MMA railway in the town of Farnham, Que., on July 11. The company involved in the deadly Quebec train derailment has laid off one-quarter of its workforce in the province. A union representing employees at the Montreal, Maine and Atlantic Railway says the company has laid off 19 of its 75 workers in Quebec. **GRAHAM HUGHES/THE CANADIAN PRESS**

## EK3 acquisition

### Cineplex to grow digital signage

Cineplex Inc. says its digital signage unit will get a good platform for growth in Canada and south of the border through the theatre company's proposed friendly takeover of EK3 Technologies Inc., announced Wednesday.

**THE CANADIAN PRESS**

## Too dominant, says EU

The European Union's competition chief says Google isn't doing enough to overcome concerns that it's stifling competition, and ordered the Internet giant to come up with new ideas.

The European Commission, the EU's executive arm, has been investigating whether Google Inc. is abusing its 90 per cent market share in Internet searches. Google has sought to address the concerns mainly by changing how it displays search results. **THE ASSOCIATED PRESS**

## Market Minute

**DOLLAR**  
96.02¢ US (-0.45¢)

**TSX**  
12,568.77 (+51.88)

**OIL**  
\$106.48 (+48¢)

**GOLD**  
\$1,277.50 (-\$12.90)

**Natural gas:** \$3.63 (+3¢)  
**Dow Jones:** 15,470.52 (+18.67)



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# STUPID SUMMER AND ITS HEAT

I miss winter.

Yes, that's right. You heard me. Baby, I wish it were cold outside.

Here in Toronto it's been in the low 30s lately, and with the humidex factored in it feels like—excuse me while I make the calculation—92-billion degrees, give or take.

It's been equally uncomfortable in most of Canada, and frankly, for me, anything over 25 C makes me wish I could trade my existence with an Antarctic researcher, or an Eggo in my freezer.

While it's true that in the depths of winter I have prayed for a July night, I'd have been equally happy this summer to see snowflakes fall from the sky and melt on my face.

Alas, no such luck, and I have to suffer like the rest of you, who convince yourselves that this sleepy, sweaty excuse for a season is the best time of the year.

As someone who hates the summer more than most, I am spe-



**HE SAYS**  
**John Mazerolle**  
metronews.ca

cially positioned to provide counsel on how to defeat it. As such, here are my tips for staying cool this summer. Follow these and you'll feel like the other side of the pillow.

## Cold comfort: Beating the heat and staying healthy during the summer

- Dehydration is caused by the loss of water and salt, so drink plenty of salt water.
- A wide-brimmed hat will keep the sun off your head and discourage U.S. drone strikes.
- During extreme heat alerts, visit elderly relatives and neighbours, because they're less likely to notice that you're wandering off with their air conditioner.
- Gatorade will give you energy you need to whine and complain with the same intensity Sidney Crosby does during every single stoppage in play.
- Be warned that breathable clothing is surprisingly difficult to inhale.

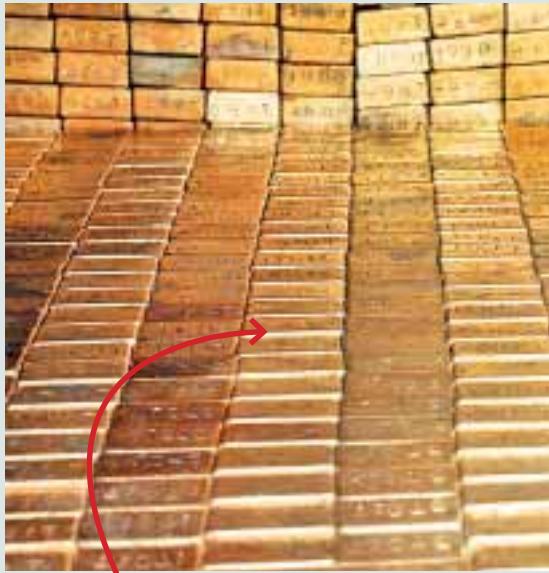
• Don't use the oven. I keep the oven off all year, because I'm so heat conscious.

- Many communities open public cooling centres during heat waves that include smiling, buxom models offering you free beer inside a room with a dance floor where the walls themselves are frosted glass. If you're not getting these perks, your tax money is being wasted.
- If you find yourself working outdoors in extreme heat, then I'll have a whisky sour—the real kind, with an egg in it, and don't sugar the rim. And try to make it today, OK, hon?
- In case of drought, keep a small electrolyte generator in your basement.
- On the hottest days, don't be ashamed to use a parasol to commit hara-kiri.
- Watch for signs of irritability. Remember that if it's under 25 C, you're the intolerable one, not the weather.

And those are my tips. I hope you found them helpful. Or perhaps they left you cold. If so, you're welcome.

## ZOOM

# When stars collide ... it's golden



BARRY THUMMA/THE ASSOCIATED PRESS FILE



FAIRBANKS GOLD MINING INC./THE ASSOCIATED PRESS

## Shiny metals result from cosmic clashes

Gold bars are seen at the U.S. Depository in Fort Knox, Ky. A strange glow in space has provided fresh evidence that all the gold on Earth was forged from ancient collisions of dead stars, researchers said Wednesday.

Astronomers have long known that fusion reactions in the cores of stars create lighter elements such as carbon and oxygen, but such reactions can't produce heavier elements such as gold.

Instead, it was long thought that gold was created in a type of stellar explosion known as a supernova. But that doesn't fully explain the amount of the precious metal in the solar system.

About a decade ago, a team from Europe using supercomputers suggested that gold, platinum and other heavy metals could be formed when two exotic stars—neutron stars—crash and merge. Neutron stars are essentially stellar relics—collapsed cores of massive stars. **THE ASSOCIATED PRESS**

### Glowing after a burst

## 3.9B

NASA's Swift telescope last month observed a gamma-ray burst that resulted from the crash of dead stars. The burst, in a distant galaxy, was some 3.9 billion light-years away. Each light-year is about 6 trillion miles. The burst lasted only a fraction of a second. Using ground telescopes and the Hubble Space Telescope, the team noticed an odd glow that lasted for days. Infrared light in the glow could be evidence that heavy elements such as gold had spewed out of the cosmic crash, the researchers said.

**Struck gold**  
Fort Knox Mine, pictured, is the largest operating gold mine in Alaska.

- The research suggests gold was produced from stars crashing in the Milky Way. It doesn't delve into how Earth was sprinkled with riches, but previous studies have suggested that a meteor shower may have delivered gold to the planet.

**RE: Chris Brown Teams Up With 'America's Worst Charity' To Bring Sick Boy To Canadian Show, published July 17**

In my opinion Chris Brown has paid his dues as a citizen. I don't know what else people expect from him.

I know what he did was wrong but I truly believe that every person deserves a second chance to move on with their lives.

How can anyone do so if they are continuously harassed in the media, in public, etc.

I don't understand where

**WE WANT TO HEAR FROM YOU:** Send us your comments: [winnipegletters@metronews.ca](mailto:winnipegletters@metronews.ca)



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

There are a lot of things that can make cycling more pleasant. A sunny sky. A cool breeze. Infrastructure that provides you with a place to ride safely. Sadly, those are largely out of your control.



BRYN LENNON/GETTY IMAGES

But you can control the level of technological wizardry your ride is equipped with if you have these apps.

### Bike Brain

A digital dashboard that packs GPS mapping as well as speed, distance and altitude tracking into a handlebar-mounted iPhone utility belt. Need to be more dazzled? There are available paid upgrades for additional features such as a Bluetooth-powered heart rate sensor. (iOS/Android/\$3.99)

long past, but you can avoid it altogether next year with this illustrated repair and maintenance guide to grappling with common bike-related woes. (iOS, Android/\$3.99)

### Coach My Ride:

Blessed with the imprimatur of top cycling coach Lionel Reynaud, CMR arms you with a professional training regimen with enough entry points to suit any cyclist, from weak-kneed beginner to cored-calved veterans. (iOS/\$2.99)

### Bike Repair:

The spring crush at bike shops to get your ride tuned up for the summer is

people get the time, energy and the hatred to continuously harass someone that is trying to move on.

Maybe everybody should get a life then they wouldn't have time to make other people's lives difficult. In my opinion, if Jesus Christ forgives then so should we. There have been musicians that have gone to prison for murder and they are still making records. **A. Grossi, Toronto**

This is a really pathetic publicity pull, and all parties should be ashamed of themselves for using a sick kid to try to clean up their image.

**Danielle Goyette posted to metronews.ca**

# Heavy Metal Music rocks

**Start up.** Ex-Metallica bassist in a new, self-titled band



BACKSTAGE  
PASS  
Jared Story  
@metronews.ca

Former Metallica bassist Jason Newsted has a new band — aptly titled Newsted — which will release its debut studio album — aptly titled Heavy Metal Music — on Aug. 6 through Chophouse Records.

Not only is Newsted the bassist in his new endeavour, he's the vocalist and principal songwriter.

"This is the first band I've ever put together, period," says Newsted, 50, who joined Metallica in 1987 after the death of bassist Cliff Burton.

"I've only ever joined things that already existed. Even with Flotsam and Jetsam (Newsted's band prior to Metallica), Kelly David-Smith (Flotsam's drummer) started that s---t up. I've always come into bands as the new engine, but now it's my baby and I've got people to support what I'm trying to do."

Joining him in Newsted are drummer Jesus Mendez Jr., guitarist Jesse Farnsworth and Staind guitarist Mike Mushok. Not only is fronting a band new territory for Newsted, so is the Heavy Metal Music writing/recording process.

Newsted recorded the skeletons of the songs on an iPad with GarageBand software. An old-school, analog type of musician, Newsted says he "repelled" digital recording since leaving Metal-



Ex-Metallica bassist Jason Newsted releases Heavy Metal Music on August 6. SUPPLIED

lica, but gave into the technology last year because of its quickness and efficiency.

"The immediacy of the capturing device is the reason for the immediacy of the music," Newsted says.

"I think it's appealing to so many people because of its raw authenticity, its raw-thenticity. That's the new word for this week."

After leaving Metallica in 2001, Newsted played in alt-rock band Echobrain, joined Quebec progressive metallers Voivod, starred on the CBS show Rock Star Supernova and pursued a visual art career while recovering from shoulder surgery.

There was also a brief stint as Ozzy Osbourne's touring bassist, which included a legendary 160 minute gig in Winnipeg in 2003, a marathon set that included 10 Black Sabbath songs.

"Ozzy would just call the songs out," Newsted says.

"He'd scream The Wizard in front of 20,000 people and we're like 'We never f---ing rehearsed that song dude.' But, we just had to pull it out of the resin and grey matter."

Newsted plays the MTS Centre on July 22 as part of Megadeth's Gigantour 2013.

The tour also features

## Gigantour's other Canadian dates:

- **July 23.** Regina, SK, Brandt Centre – Ticketmaster \$90.25 to \$48.00  
Encana Events Centre – \$80 to \$44 at ev12.venue.net
- **July 25.** Calgary, AB, Stampede Corral – Ticketmaster \$91.75 to \$51.50
- **July 26.** Edmonton, AB, Rexall Place – Ticketmaster \$90.55 to \$38.80
- **July 27.** Dawson Creek, BC, \$88.50 to \$43.50

Black Label Society, Hell Yeah, Device and Death Division. Tickets are \$87.50, \$81.25, \$50.50 and \$39.25 at Ticketmaster. Doors open at 4:30 p.m.

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# Clairvoyant predicts a Conjuring sequel

## Lorraine Warren.

Famed ghost hunter talks about how she deals with skeptics and that creepy doll that almost killed a priest

 **NED EHRBAR**  
Metro World News in Hollywood

The Conjuring is the latest film to bring the work of clairvoyant Lorraine Warren and her late husband, demonologist Ed Warren, to the screen, but it's the first to feature the Warrens themselves as characters (played by Vera Farmiga and Patrick Wilson). Here's what we learned from the engaging and energetic 86-year-old Lorraine Warren.

### The film really is based on true events

In the movie? Almost anything that they use (is true). They didn't go off-track that much, and they always let me hear what they were doing. They would phone me and let me know. Most of it, yeah, it's really true.

### She's now a big Vera Farmiga fan

(Vera and Patrick) came to our home in Connecticut to talk with us. My daughter happened to be visiting, and even my daughter said — and she would not if it wasn't true — she said, "Mom, that girl actually really knows who you are." Never met her before. I was really impressed by her, and I still am. She's a very down-to-earth girl.

### She knows how to deal with skeptics

What I always ask them about is if they believe in God. You can reach people that way, to know them as a person. If you don't believe in God, how can you believe in anything supernatural? If you believe in God, no matter what your religion is, then you have to believe in something like this. That's the best way for me to put it, that way.

### She's confident there will be a sequel

If this is a big hit — and it sure is showing signs



Vera Farmiga, right, plays Lorraine Warren in *The Conjuring*. THE ASSOCIATED PRESS

#### Quoted

**"If you believe in God, no matter what your religion is, then you have to believe in something like this. That's the best way for me to put it."**

Lorraine Warren

of it — yes. And Vera and Patrick, I want them (to return). I think it's going to happen, honey. You know the Annabelle doll, the one that's portrayed in the beginning of the movie? I'm almost positive that they're going to be doing (another movie), and I think the Annabelle doll should be the next one. I'll never forget coming home with that doll in the back seat of the car. Ed stopped two or three times and he would cast out with holy water

the back door of the car, make a sign of the cross with the holy water and command it to leave in the name of God. We got back in the car, and we were lucky enough to get home.

This Catholic priest had called me up because he wanted to come and bless the doll. I'll tell you that night, when the priest was going home he called and he said, "I was almost killed."

He said he saw the image of the doll in the rearview mirror and totalled his car.

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Last Week: 1 / Weeks on List: 5



### 2. INFERNÖ Dan Brown

In the heart of Italy, Harvard professor of symbology Robert Langdon is drawn into a harrowing world centered on history's most enduring and mysterious literary masterpiece — Dante's *Inferno*.

Last Week: 2 / Weeks on List: 8

This Week

Last Week Weeks on List

3. THE EYE OF GOD	James Rollins	3	4
★ 4. THE SECRET KEEPER	Kate Morton	-	1
★ 5. THE ENGLISH GIRL	Daniel Silva	-	1
★ 6. FIRST SIGHT	Danielle Steel	-	1
7. SILVER STAR	Jeannette Walls	7	6
8. THE FIRE WITNESS	Lars Kepler	8	6
9. BEAUTIFUL DAY	Elin Hilderbrand	9	4
10. ZERO HOUR	Clive Cussler	10	8
11. THE SECRET RACE	Tyler Hamilton	11	5
12. SECOND HONEYMOON	James Patterson	6	3
13. THE KILL ROOM	Jeffery Deaver	13	7
14. REVENGE WEARS PRADA	Lauren Weisberger	5	7
15. TRANSATLANTIC	Colum McCann	15	7
16. WILD	Cheryl Strayed	16	16
17. LET'S EXPLORE DIABETES WITH OWLS	David Sedaris	17	13
18. FLIGHT OF THE EAGLE	Conrad Black	12	9
19. BEST KEPT SECRET	Jeffrey Archer	19	12
20. THE GREAT DEGENERATION	Niall Ferguson	4	5

Combined Fiction and Non-Fiction Bestsellers for the week, ending July 22<sup>nd</sup>

★ New this week

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# Netflix's house of cards are refusing to topple

**Emmy Awards.** House of Cards and Arrested Development may become first online series to take big TV nominations

If Netflix's House of Cards and Arrested Development on Thursday become the first online contenders to nab top Emmy nominations, it will be a breakthrough moment for shows making a splash without the aid of a TV set.

If not, it's just a matter of time before the inevitable happens.

The video universe that once meant broadcast television, then added cable and satellite, has splintered again to encompass websites including YouTube and streaming services including Netflix and Amazon.

The expansion was recog-

nized in 2008 by the Academy of Television Arts & Sciences with a rules change that added the Internet as an eligible Emmy platform. As with broadcast networks and other video distributors, programs must reach more than half of the U.S. audience to make the cut.

When the Emmy nods are announced early Thursday, a fair number of pundits say clever political drama House of Cards and Arrested Development, the offbeat sitcom resurrected by Netflix after it was dumped by Fox, will be in the awards hunt.

The series are tagged for possible top drama and comedy bids, with House of Cards stars Kevin Spacey and Robin Wright and Arrested Development cast members including Jason Bateman, Jeffrey Tambor and Jessica Walter seen as contenders for acting nominations.

There have been Internet nominees before, such as last year's Web Therapy and 30 Rock: The Webisodes in a short-

## New era?

As for this year's potential game-changer, with these series making waves without the aid of TV, "It certainly is a marker of the new era. ... It will send shock waves through the industry," said Tim Brooks, a former network executive and TV historian who co-wrote The Complete Directory to Prime Time Network and Cable TV Shows.

format category, but not in the premier fields of acting and best series. Online shows competing with Emmy champs Breaking Bad and Modern Family will be the 21st-century version of the watershed 1990s showings by HBO's The Larry Sanders Show, The Sopranos and Sex and the City in those high-gloss categories.

THE ASSOCIATED PRESS



Arrested Development was resurrected by Netflix after being dumped by Fox and may be in the Emmy hunt. HANDOUT



Justin Timberlake has been nominated for six MTV VMAs. THE ASSOCIATED PRESS

# Justin Timberlake dusts off his Suit & Tie for the VMAs

## Nominations.

Timberlake, Macklemore & Ryan Lewis lead pack in nods

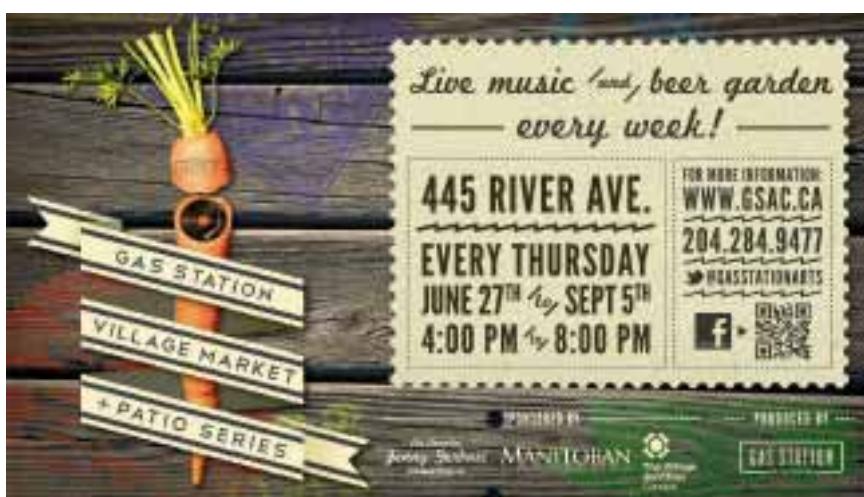
The man in the suit and tie and the duo who buys clothes at thrift shops are the leaders at this year's MTV Video Music Awards.

MTV announced Wednesday that Justin Timberlake and Macklemore & Ryan Lewis have six nominations each. Bruno Mars has four nominations. Timberlake's Mirrors, Macklemore & Ryan Lewis' Thrift Shop and Mars' Locked Out of Heaven will battle Robin Thicke's Blurred Lines and Taylor Swift's I Knew You Were Trouble for video of the year. Timberlake's Mirrors and Suit & Tie are up

## Watch it

- Airing live. The VMAs will take place on Aug. 25 at Brooklyn's Barclays Center.

for best male video, pop video and collaboration, among others. THE ASSOCIATED PRESS



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# Still bringing down the House, 35 years later

**Of tributes and togas.** Animal House producer tells today's comedy-creators to make sure their flicks are 'redeemably funny'

When making a rowdy comedy, just make sure it's redeemably funny.

So goes the mantra of producer Matty Simmons, the co-founder of National Lampoon who also helped guide National Lampoon's Animal House to the big screen.

The 1978 frat comedy celebrates its 35th anniversary with a tribute at Toronto's TIFF Bell Lightbox on Thursday, where Simmons, director John Landis and Canadian producer Ivan Reitman will reunite to discuss the making of a comedy classic.

Ahead of the tribute, the 86-year-old Simmons chatted from Los Angeles about the film's rocky beginnings, its wild off-campus parties and the irredeemable humour of



Jim Belushi gets his party on in *Animal House*. HANDOUT

today.

**This is yet another milestone for Animal House. What do you think of the tribute?**

We've had so many anniver-

saries, it's been so long. It's an amazing movie because the lifespan of the movie has been unprecedented — there's almost no movie ever that's had the longevity of this movie. It still makes

## SNL overload?

Was Chevy Chase supposed to star in *Animal House*?

• **Simmons:** Chevy had scored big on Saturday Night Live when we put *Animal House* together and he wanted to play Boon. And I really didn't want (him) to do it because John Belushi came from Saturday Night Live and I figured if Belushi came and Chase came,

everybody would think this was a Saturday Night Live movie and I wanted it to be a National Lampoon movie. (Chevy) had another offer to be the star of *Foul Play* and we said "Look, you're a star there, you're getting five times as much money. You don't want to be in an ensemble movie." So he passed on *Animal House*. ... And it worked out fine."

me if I would be on the show the night he died and I just couldn't handle it. I said, "No, no, I want to be alone." He was a sweet guy, he was just a lovely guy. I mean, I know he had all his faults and was into drugs and booze and everything else but he was just a good guy. And an incredible talent.

**Was there any of that boozing and drugging on the set of *Animal House*?**

Not by John as much because

he was there with his wife but at night there was.... The nights of the shoot the rest of the Deltas had rooms at the local inn and there would be parties every night.... It was mostly in Bruce McGill's room, his room was party central.... One day one of the professors from the University of Oregon dropped by, took off his boots, sat back and drank some beer. When he got up to leave, someone had nailed his boots to the floor.

## What do you think of today's comedies?

Today they do more on TV than in those days in movies.... The problem is they use obscenity and sex as a gimmick to get laughs without the joke and that bothers me. I had a rule at the Lampoon — you can say anything you want to say as long as it's redeemably funny. But most of the humour today I don't find redeemably funny.... It's just not up to par. But that's an old man lamenting.

THIS INTERVIEW HAS BEEN EDITED AND CONDENSED. THE CANADIAN PRESS

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# A little fun turned into a book deal

**@DadBoner.** The comedian behind Twitter's favourite American dad talks about the origins of his schtick

**DOROTHY ROBINSON**  
Metro World News in New York

Karl Welzein, a.k.a. @Dad-Boner, loves Maui Jim's sunglasses, Guy Fieri, Bob Seger concerts and heading out to "Cold One City."

"Really lookin' forward to the weekend, you guys," he tweets weekly.

The Grand Blanc, Mich., native (and his hapless hijinks) are so beloved on Twitter, he's garnered close to 150,000 followers.

Mike Burns, the recently ousted comedian behind the feed and author of the new book *Power Moves*, explains to us how "there's a little bit of Karl Welzein in all of us."

**@DadBoner is one of the most popular Twitter personalities. Did you ever expect this success?**

I absolutely did not. But it's so much fun how people love Karl Welzein as much, if not more, than I do.

**How did the name @Dad-Boner come about?**

Karl Welzein? The character was constantly talking about things that give dads "boners." Like a new Calloway driver, or getting two appetizers at Applebee's, or some new Wrangler jeans just like Brett Favre advertises. Also, the word "dadboner" is hilarious,

and I'm childish and I'm a 12-year-old. "Karl" and "Welzein" are the first and last names of my two best friends from Michigan.

**Why would someone buy *Power Moves* and not just read your Twitter?**

The book is written in long-form — the way it was intended to be — as Karl Welzein's journal. ... I thought it was hilarious to have a fake person who only lived on the Internet get a real book published under his name, and now, you can physically hold it in your hands in real life.

It's so surreal to me. That fake guy you laughed at for the past three years is now a published author. It gives a whole other level to the story, having him deal with his own fake reality. It makes my brain hurt, in a good way.



Karl Welzein loves Chili's and drinkin' cold ones. HANDOUT

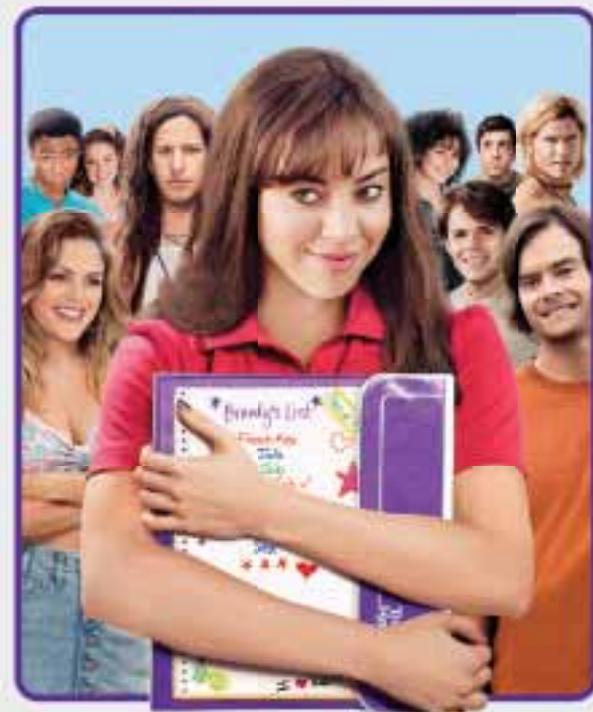
**Top @DadBoner tweets**

- Told work I gotta split for a business appointment. 'Cause drinkin' cold ones is my business, and business is good ... sleeves.
- If you think it's "uncool" to love America, why don't you go see how "cool" it is to live in a country that doesn't have toilets or pizza.
- My workout routine: 1. Look at a pic of Stone Cold Steve Austin. 2. Do 'shups 'til you look like the Rattlesnake. 3. Cut off your

team on top, arms on swell, a jam on the radio, and babes in the night. The American Dream.

• When you call the Suicide Hotline, they should just say, "Slow down, corn cob. Have you tried Chili's? What's your problem?"

**She's going from straight A's to getting her first F.**



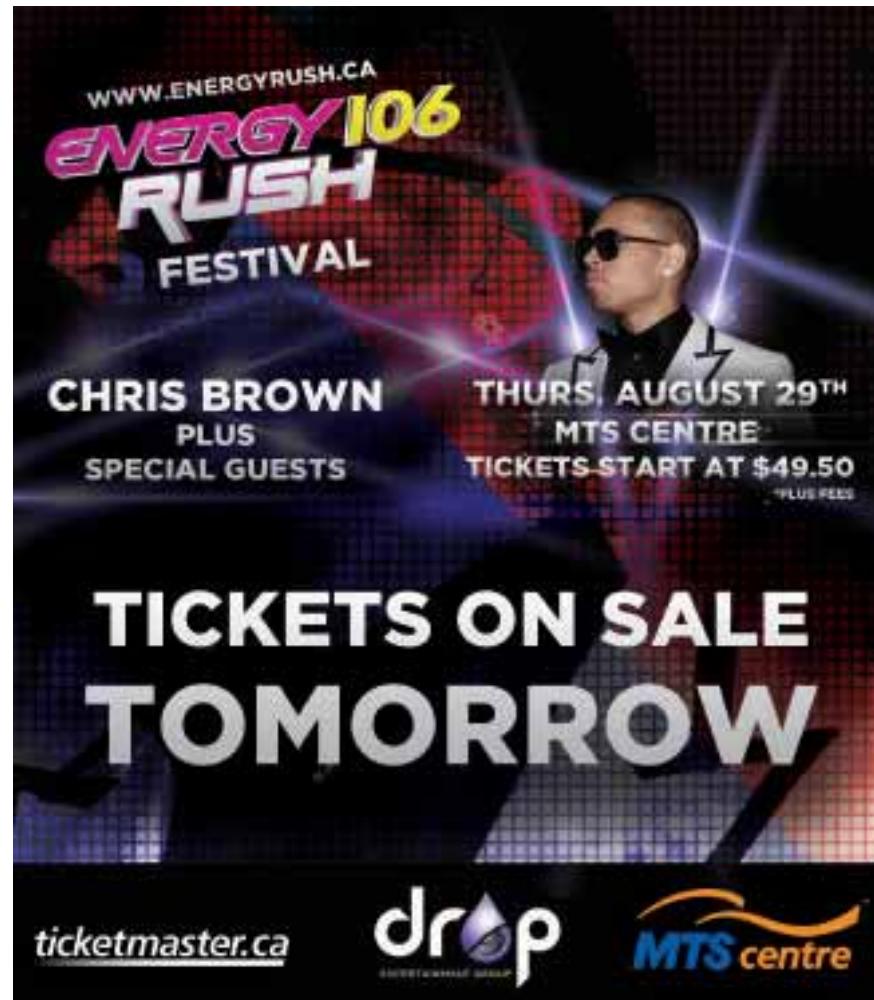
**The To Do List**  
IN THEATRES JULY 26<sup>th</sup>

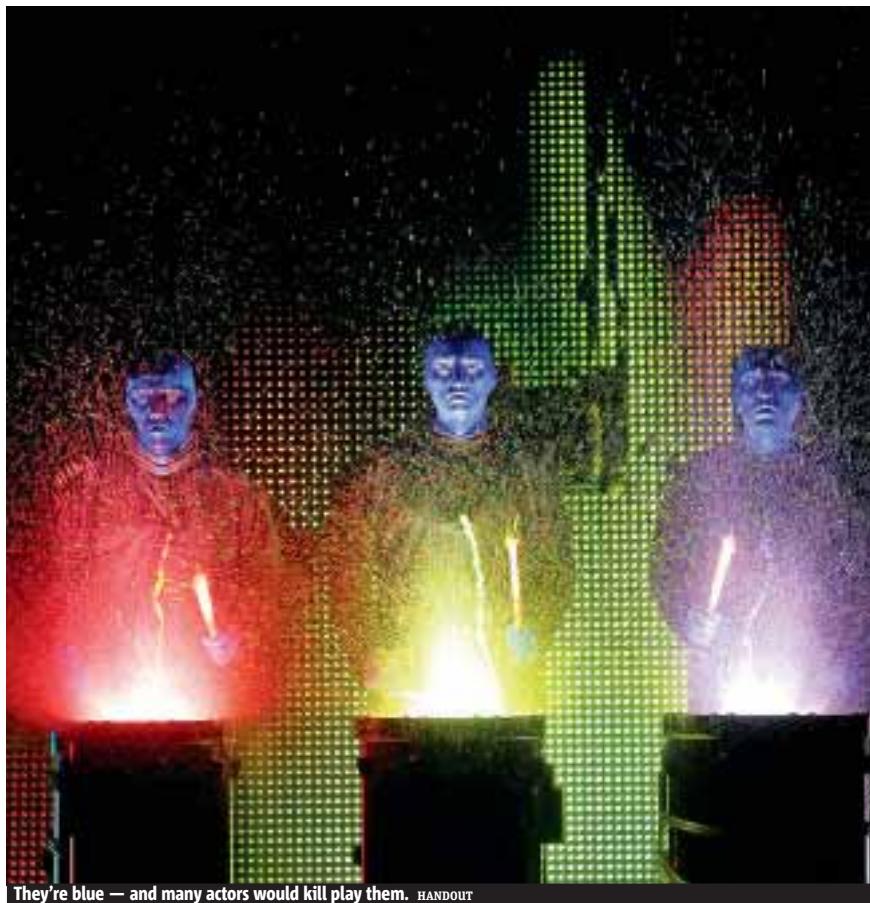
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**The To Do List**





They're blue — and many actors would kill play them. HANDOUT

# How to blue yourself: The audition process

## Blue Man Group.

Sixty actors play tall, bald and blue all over the world

Patrick Poulin alternates between sitting and standing in the lobby of Chicago's Briar Street Theatre, nervously flipping back and forth through the pages of his application to join the Blue Man Group.

"Anything that keeps me performing would be a blessing ... If I can be on stage making people laugh or entertained, it would be a dream," said Poulin.

Blue Man Group started with three friends in New York more than two decades ago and has grown from an off-Broadway show. A tour will soon take Blue Men to stops all over the U.S. And international versions of the percussive show — with its three tall, bald, blue actors — are going to Australia, Brazil and Germany.

About 60 actors play Blue Men around the world and producers are always looking for new performers. This summer they hosted the Chicago audition. The dozens who joined Poulin on the first day showcased their acting abilities and drumming experience, if any, with the Blue Man Group's music director.

Poulin admitted he's rarely done any drumming. Lucky for him, it turns out that while the skill is a major part of Blue Man Group productions, actually being a good drummer isn't crucial for auditions.

"It's really about the character coming out through drumming," said Jeff Quay, who is associate music director for Blue Man Group.

Blue Man Group staff members give the applicants an initial grade. While about 77 hopefuls showed up for open casting in Chicago, less than half made it to callbacks the next day, including Poulin.

## On being Blue

- **Learning the role.** Once chosen, depending on their skill level, new members will have to learn the drumming for the show as well as the acting. Quay said this process can take months.

- **An anonymous existence.** Members of the group are rarely known by their name, because they act as a group and are dressed exactly the same in black clothing and trademark blue makeup.

But the outcome of the final audition process is still unclear Poulin, who says he would move anywhere for the group if given the opportunity.

"Totally, totally," he said. "My lease ends at the end of September, so I'm ready."

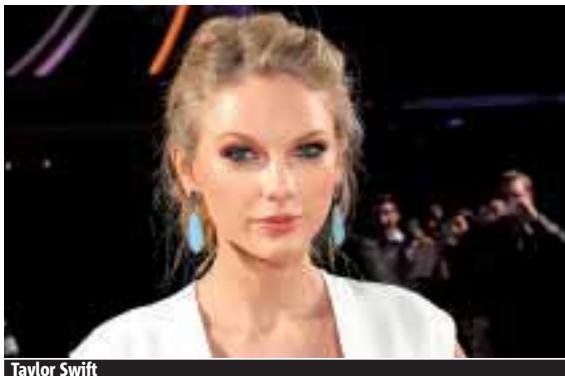
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Taylor Swift

## Radio — making creepy men's dreams come true

A Boston radio station is learning the hard way that online contests for Taylor Swift fans can be tempting targets for Internet pranksters. Boston's Kiss 108 is holding a competition to find Swift's number one fan and give him or her a chance to meet the country star, but right now 39-year-old "Charles Z." is in the lead, thanks to his friends at the anonymous message board site 4chan. "My creepy 39-year-old friend named Charles

would like to crush all those girls' dreams, and then sniff Taylor Swift's hair because he's into that," an anonymous supporter wrote on the site. "Help him crush the dreams of these girls and give him a chance to make a complete ass of himself by blatantly just sniffing her hair with cameras rolling." When word went out on 4chan about the contest, Charles jumped from 25th place to first place in less than 24 hours.



Kate Middleton and Prince William

## Not everyone excited about the new Royal arrival

It turns out not everyone in the Royal family is preoccupied with the impending arrival of Kate Middleton and Prince William's first child. Margaret Rhodes, the Queen's first cousin,

tells CNN that she's "not terribly" excited about the birth. "Everybody has babies and it's lovely," the 88-year-old says. "But I don't get wildly excited about it."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



### Cranston says he very nearly had a dark Walter moment

MELISSA

TUBB  
Metro World News in New York City

Playing a character like Walter White on *Breaking Bad* means facing your darkest impulses. And even a genuinely nice guy like Bryan Cranston — who plays Walter — has had some nasty moments in his life. He once fantasized about killing an abusive ex-girlfriend who

was stalking him. "My apartment had a brick wall on one side, and I envisioned opening the door, grabbing her by the hair, dragging her inside, and shoving her head into that brick wall until brain matter was dripping down the sides of it," Brian told GQ. "Then I shuddered and realized how clearly I saw that happening. And I called the police because I was so afraid. I was temporarily insane — capable of doing tremendous damage to her and to myself." Gross! Still, good for Bryan for having the sense to call the police. Walter White would have just killed that girl and her entire family.



Johnny Depp ALL IMAGES GETTY

## Have you Heard who had a day out with Depp's kids?

Johnny Depp reached a major milestone in his relationship with Amber Heard this week: taking a trip with the kids. Heard accompanied Depp along with his 14-year-old daughter, Lily Rose, and his 11-year-old son, Jack, on

a trip to Tokyo to promote *The Lone Ranger*, according to *Us Weekly*. It's a big step for the couple, who have reportedly been dating since Depp split from longtime partner Vanessa Paradis.



Twitter



@JuddApatow

Stress is a great funk remover.

• • • •



@AlbertBrooks

Maybe I'm old fashioned but putting the Boston bomber on the cover of Rolling Stone is a terrible idea.

• • • •



@Sethrogen

You know what's awesome about falling off your bike and breaking your elbow? Not a f---in' thing.

• • • •

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# Resort to shopping in this time of transition

## Clothed in confusion?

Despite the label it looks like you don't need a passport to get into resortwear — just an insatiable desire for new wearables

KATHRYN  
GILBERT  
Metro World News

Resort, it's that increasingly vague season of clothes that's currently in stores. And the runway shows for next year's resort season recently wrapped up in June. But what does resort mean? As the fashion world's transitional moment gets bigger and bigger, its purpose grows increasingly murky.

Designers initially intended the resort season to address a woman's summer holiday wardrobe needs. But does Roksanda Ilincic actually expect us to wear her voluminous coats poolside? Will Lanvin's jewel-encrusted dresses fit in our luggage?

Let's start with what's pretty clear: resort is all about the money. Helen Davis, head of womenswear at Harrods in London describes it as the "most commercial delivery we buy into, as it is on the floor at full price for over six months and therefore drives the business". Resort also tends to have fewer bells and whistles. As Davis points out, the collections include "good transitional pieces and classic styles," making

resort purchases solid investments. They're also cheaper than seasonal collections: "The runway shows showcase the best a designer has to offer and the most wow pieces of the season, therefore, the top price point for show collection pieces usually well exceeds the top price point of pre-collection pieces."

But don't you need to buy a ticket to St. Barths to wear your reasonably priced resort wardrobe? Well, it turns out the name is a bit of a red herring. Because while it was once destined for monogrammed luggage flying out to far-off lands, now the season is about fulfilling shoppers' desires for something new. Davis points out that brands are increasingly "introducing a pre-collection offering, to ensure there's constant newness on the floor."



Transitional collections such as the ones pictured (all resort 2014) are growing in importance.



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## Beauty



## The Beast



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## Trends Report



Trends Report's Canadian By Design discovers up-and-coming talent in the Canadian fashion scene. This week, meet Minling — a Toronto-based designer and stylist whose new line of eye-catching clutches will surely make you the centre of attention at any soirée.



[metronews.ca/voices/trends-report](http://metronews.ca/voices/trends-report)

Follow Irene on Twitter at  
@MetrolreneK

# Mr. Hare cobbles a career

**Fashion by the foot.**  
The dreadlocked designer chats Frank Ocean, getting laid and why he makes shoes for dancing

RICHARD  
PECKETT  
Metro World News

The old adage, "The shoe makes the man," couldn't ring more true for Marc Hare. In 2008, the designer lost his job in fashion marketing and went on to create, in his words, "shoes for every moment." He designs for sybarites and socialites — men with a touch of the playboy about them. Not dissimilar from Hare, really, who has a passion for the sun and surfing. In fact, the 42-year-old describes himself as a "lazy person" but for a man who alludes to being a beach bum, he gets a lot done.

**You've got an old leg and foot injury. Do you design shoes**



Hare has steadily expanded his global footprint from having his shoes stocked on just one website, to global shipping at [mrhare.com](http://mrhare.com), to opening his first brick and mortar store in September last year. HANDOUT

**for your own comfort?**  
I did design them around me but our most comfortable shoes are just that comfortable on everybody. It's well known that I just love holidays and being in hot places; a lot of my shoes are made for hot weather countries in the Mediterranean or on the equator.

**Do you take back inspiration from any of those countries?**

Always, because you come back with colours, shapes, even the attitude of that country. I'm half English and half Jamaican and I think it has a massive effect on the shoes I design and what I think is the basic shoe opposed to what the German industry thinks is a basic shoe.

**What's your go-to shoe?**  
I haven't got one; I have a basic

collection.  
There are some pretty outlandish men's shoes out there at the moment, with Jimmy Choo and Christian Louboutin going down a flamboyant route. **Would you ever embellish your shoes in the same way?**

It's a different kind of thing to do what I do but never say never. Those people have been making shoes for a long time and they put things into their shoes that I don't even know yet. I'm just blown away by the technical aspects.

**You once mentioned that you rarely give shoes away to celebrities. Have you changed your attitude about that? And**

## Mr. Hare by the numbers

Hasn't shaved since he was 19 — he's now 42.

He's been growing his hair since he was 17.

Sold 300 pairs in 2008, compared to 7,000 this year.

## if so, which celebrities make the cut?

Not unless I have — it's quite personal. If I'm inspired by what you do and if what you do raises my daily game then you can have some shoes. Like Tom Hardy — what a genius actor. Any time of day he can have them. Actually, Frank Ocean would be about my ultimate person to see in my shoes. He has a pair but I've just never seen him in them.

## Women are said to judge a man by his shoes, so will your shoes help get a man laid?

It'll help but it's not a done deal. If you're a dick in my shoes, you're still a dick.



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# Wrap it in raspberry: This leather forecast calls for natural, tasty treats

What does a child's snack have in common with a \$300-a-head meal at a three-Michelin-star restaurant? These days, both frequently include an edible leather: a puree of fruit (or, in the case of the restaurant, more often of a vegetable, such as tomato or onion) spread thin and dehydrated until it becomes stretchy.

Commercial fruit leathers roll out of factories by the yard, and those served at high-priced restaurants are prepared by expert chefs, so you might think that such a modern creation is beyond the

means of the home cook. But it's actually amazingly quick and easy to make an all-natural fruit leather that is a tasty, healthy and portable snack.

And you can use the same technique to create savoury vegetable leathers that add interesting, modern touches to traditional dishes.

All you need to make your own leather is a blender, an oven and about 20 minutes of prep time. Edible leathers do need one to three hours to dehydrate — the thicker the layer of puree, the longer it takes to dry — but you can do other things while they sit in the oven. For these recipes, timing is not critical.

## Ingredients

- 2 cups (300 grams) raspberries
- 1 tablespoon (12 millilitres) cooking oil
- 1/4 cup (45 grams) sugar
- 0.6 grams (3/16 teaspoon) xanthan gum

## Start to finish: 2 hours

**Servings: 4**

**1.** Arrange an 11-by-17-inch non-stick silicone mat on a rimmed baking sheet. Heat a food dehydrator to 150 F, or set your oven to its lowest temperature.

**2.** Combine all ingredients in a blender, then puree until thoroughly blended, at least 30 seconds. Working quickly, pour the puree onto the mat and use an offset spatula or other long, flat utensil to spread it into an even layer 1/16 inch thick. If the puree sits too long in the blender it may set into a custard-like gel; if that happens, blend it again until it becomes fluid enough that you can spread it easily across the mat.

**3.** Place the baking sheet in the dehydrator or oven, and dry until leathery and tacky to the touch. A drying time of 1-1/2 to 2 hours is typical, but the time required can vary considerably depending on the thickness and wetness of the puree layer, the temperature of the chamber and the humidity of the air. Use the convection setting on your oven if one is available.



**Sweet Raspberry Leather**

**4.** When the leather is done, peel it gently from the mat, and use scissors to trim it to individual serving sizes; for use as a garnish, cut it into long, thin strips. To store the leather

pieces, roll them individually in waxed paper and then in plastic wrap. The leather will keep for a week when packaged this way.

**THE ASSOCIATED PRESS**

## For your phone

**Annabel's essential guide to feeding your baby**



### MIND THE APP

Kris Abel  
@RealKrisAbel  
life@metronews.ca

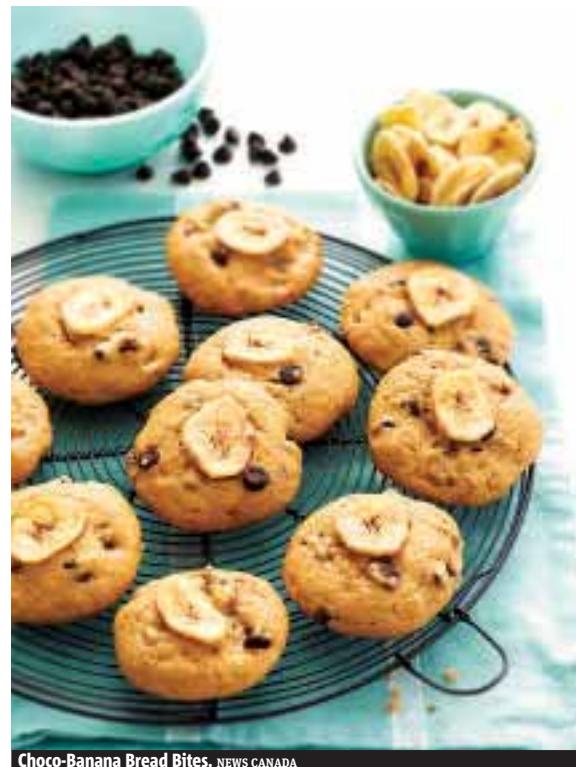
## iPhone/iPad

**Price: \$5.99**

Annabel Karmel's cookbook for mothers combines 200 step-by-step recipes with a weekly planner and instructional video guide. Organized by age, there's nutritional purees for babies and soft pastas for toddlers.



# There's fibre and fun in these Choco-Banana bread bites



**Choco-Banana Bread Bites.** NEWS CANADA

Choco-Banana Bread Bites gives you two grams of fibre per serving and baking is a terrific activity to engage the whole family — everyone has a role and can enjoy the finished product.

**Prep time: 15 minutes; Baking time: 15 minutes**  
**Makes: about 36 cookies**  
**Serving size: 2 cookies**

**1.** Preheat oven to 350 F (180 C). Line baking sheets with parchment paper.

**2.** Combine evaporated milk and vinegar in a medium bowl. Stir well (mixture will thicken). Add bananas and baking soda to the evaporated milk mixture. Whisk egg, brown sugar, oil and vanilla in a separate large bowl. Stir in flour and baking powder.

**3.** Add banana mixture and stir until mixture is well combined. Add chocolate chips if using. Drop 2 tbsp (30 ml) dough on prepared baking sheets, about 2 inches (5 cm) apart. Place banana chip on top of each cookie. Bake in preheated oven 13 to 15 minutes until the edges are

lightly browned.

**4.** Cool cookies on baking sheets for 5 minutes. Transfer cookies to cooling rack. Store cookies loosely covered or in the freezer. **NEWS CANADA**

## Ingredients

- 3/4 cup (175 ml) Carnation Fat-Free Evaporated Milk
- 2 tbsp (30 ml) vinegar
- 1 cup (250 ml) ripe mashed bananas (2-3 medium)
- 1 banana, sliced (1/4 inch/5 mm) and quartered (about 2/3 cup/150 ml)
- 1 tsp (5 ml) baking soda
- 1 egg
- 3/4 cup (175 ml) packed brown sugar
- 1/4 cup (50 ml) Crisco canola or vegetable oil
- 1 tsp (5 ml) pure vanilla extract
- 2 1/2 cups (625 ml) Robin Hood Nutri Flour Blend Tastes Like White
- 1 tsp (5 ml) baking powder
- 1/3 cup (75 ml) semi-sweet chocolate chips (optional)
- 36 banana chips (optional)

# Blackberry Smash Pink Lemonade Pops. Very cool hydration stations



Are you looking for a fun way to stay hydrated? To add some variety to your freezer this summer, Minute Maid has partnered with the Canadian Living Test Kitchen to whip up this frozen pop.

**1.** Place blackberries in large bowl and smash with wooden spoon. Add frozen lemonade concentrate, water and mixed berry blend. Pour into popsicle molds leaving half a centimetre of room at the top for expansion. Freeze until hard.

## Ingredients

- 3/4 cup fresh blackberries
- 1 can frozen Minute Maid pink lemonade concentrate
- 1 1/4 cups water
- 1 200 ml tetra box Minute Maid mixed berry 100% juice
- 16 pops with 1/4 cup capacity molds

**NEWS CANADA/MINUTE MAID**

## Housekeeping myths

**Dusting an oil painting**

**CHARLES THE BUTLER**  
askcharlethebutler@  
metronews.ca  
For more, visit  
charlesmacpherson.com

If you are lucky enough to have an oil painting in your home the question that will come up at some point is, "How do I clean it?" Well, let's discuss this for one minute, as there are two stages to cleaning this type of painting.

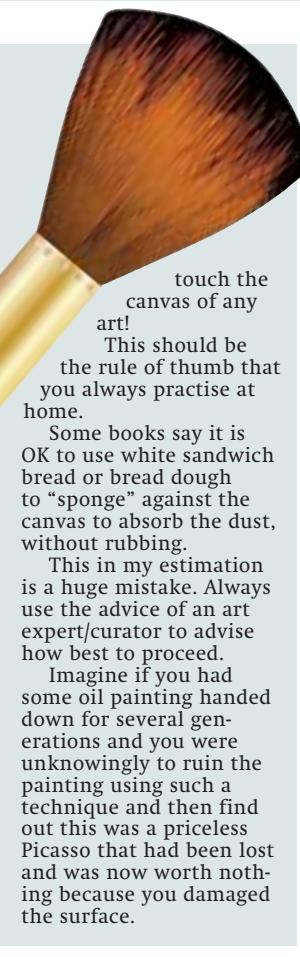
**The frame**

This should always be dusted with a fine soft powder makeup brush as needed.

You want this type of makeup brush as it will not

damage the wood frame and will not remove any of the gold that may be on the wood frame.

Dust the frame from the centre (area closest to the painting) outwards. If your frame is particularly dusty, use a vacuum on low speed to absorb the dust going into the air after the motion of



touch the canvas of any art!

This should be the rule of thumb that you always practise at home.

Some books say it is OK to use white sandwich bread or bread dough to "sponge" against the canvas to absorb the dust, without rubbing.

This in my estimation is a huge mistake. Always use the advice of an art expert/curator to advise how best to proceed.

Imagine if you had some oil painting handed down for several generations and you were unknowingly to ruin the painting using such a technique and then find out this was a priceless Picasso that had been lost and was now worth nothing because you damaged the surface.

**The art surface**

Don't clean the surface. The rule of thumb that I teach every student in butler school is always the same — don't ever

# The perfect guest room, coffee and all

I recently moved into a small townhouse and would like to decorate my spare bedroom differently than the rest of my space. Any advice?

- MJ, Ottawa



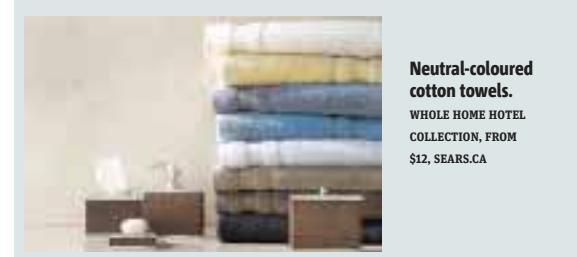
**DESIGN CENTRE**  
Karl Lohnes  
home@metronews.ca



**Natural wood-tone docking station soothes the room with looks and sound.** IPHONE 5-ALARM CLOCK DOCKING STATION, \$40, URBANOUTFITTERS.COM



**Tight and tidy espresso makers offer a morning sip before leaving the room.** NESPRESSO U C50, \$199, NESPRESSO.COM



**Neutral-coloured cotton towels.** WHOLE HOME HOTEL COLLECTION, FROM \$12, SEARS.CA



**An area rug helps to muffle sound and create a quiet environment.**

TARNBY NATURAL RUG, \$149 FOR 6'X8', IKEA.COM



**Cool, light colours tend to make a small space appear larger and brighter.**

YVONNE DUIVENVOORDEN PHOTOGRAPHY

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Consider a double-sized bed if space is of concern; it offers lots of room for one yet sleeps two in a pinch. Purchase neutral coloured sheets and towels; buying quality means longer-lasting and easy care. Add carpets and draperies if you want to create a quieter atmosphere for your guests.

**Create an oasis**

A convenience espresso maker for a quick sip while getting ready for the day, a docking/charging station to listen to some music, a basket filled with spa/bath products will all allow guests to relax in their room when they wake up.

Books, current magazines and a portable DVD player will allow quiet time before turning out the lights in the guest room.

CFL

## Losing getting to Argos running back

It's only Week 3 but the "desperation" word has already crept into Argoland.

Two weeks and two ugly losses. The offence was either anemic or the defence couldn't stop the run, no matter who had the ball.

On Chad Kackert's face, you can see the frustration. His answers are as short as his listed five-foot-eight, 206-pound tank-like frame. He's the first to put the pressure on himself, even though the 2012 Grey Cup MVP is getting less than 10 touches a game and his team is dead last in rushing attempts, and second last in rushing yards this year.

"I may just be focusing on the wrong parts of the game," Kackert says, searching for answers on his past two losses where he averaged 3.2 yards a carry and didn't have a run over nine yards.

"It's the intricate details, it's stuff that maybe I'm over-thinking."

Kackert says all the right things, and he would be the last one to throw his teammates under the bus.

"I think it's just been an energy thing," Kackert said, avoiding questions about the offensive line in front of him.

"I've got to make people miss." TORSTAR NEWS SERVICE



Chad Kackert TORSTAR NEWS SERVICE

# Intensity in practice comes with a catch

**CFL.** Bombers' top receiver falls victim to hamstring injury suffered on last play of training session

A grim-faced coach Tim Burke was left scrambling to replace his top receiver Wednesday after Cory Watson was injured on the last play of the week's last practice for the Winnipeg Blue Bombers.

Burke bit his tongue when asked to comment on the hit by safety Dan West but said even when practising at full speed, the rule is you don't hurt your teammates.

"We're going to have a personnel meeting right after this. That's why you don't hurt your own teammates on the last play of the (last) practice of the week," he said.

"Now you've got to rework your game plan with no practice."

The Bombers host the Toronto Argonauts on Friday.

Watson was going for a long ball near the sidelines and as he caught it he pushed West off. West came back with a hard push out of bounds that sent Watson tumbling.

The slotback almost hit the team's camera and he rolled on the ground, clearly in pain, until he was helped, limping off the field with what has initially been diagnosed as a hamstring injury.

With 215 yards so far this season, he is well ahead as the team's leading receiver and Burke's replacement options



Cory Watson catches a pass against the Tiger-Cats' Matt Bucknor last season. Watson, the Blue Bombers' top receiver, was injured on the last play of the week's last practice. JOHN WOODS/THE CANADIAN PRESS

### Quoted

**"That's not something you want to end practice on, but we've got to regroup and there's no excuses — we've got to line up and play as hard as we can play."**

Blue Bombers head coach Tim Burke on the injury Cory Watson sustained in practice

are few with a game so close and his injury list so long.

Chris Matthews, last year's leading receiver and CFL top rookie, was already questionable for Friday. Veteran Ter-

rence Edwards is still recovering from a shoulder injury.

Doug Pierce is starting and Carl Fitzgerald was already going on the roster to replace longsnapper Chris Cvetkovic,

out with back issues, but Burke said everything was up in the air Wednesday.

Earlier in the week, expressing his displeasure with parts of the offence, Burke had talked of making some roster changes. But this wasn't what he was envisioning.

"If we were going to make those roster changes they've all gone out the window with injuries this week and who might or might not play," he said.

## Beauty



## The Beast



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4  
SPORTS



Rory McIlroy of Northern Ireland and coach Michael Bannon during Wednesday's practice round at Muirfield in Gullane, Scotland. STUART FRANKLIN/GETTY IMAGES

## CFL

## 2013 Grey Cup sells out in lottery

The 2013 Grey Cup is a sellout.

The CFL and Grey Cup organizers made the announcement Wednesday, more than five months before the game is scheduled to be played.

This year's CFL championship game will be played Nov. 24 at Mosaic Stadium in Regina.

The remaining 5,000 seats were sold following a 101-hour lottery.

THE CANADIAN PRESS

## Cry for respect



“It’s not fair to blame someone without evidence against him. We demand more respect for Chris and for all the riders.”

Gianni Bugno, president of the Association of Professional Riders, on Chris Froome, pictured, who is facing questions over whether he is riding clean in the Tour de France. Froome extended his overall lead to four minutes 34 seconds by winning the 17th stage on Wednesday. The last rider to carry as many stage wins as Froome to Paris was Lance Armstrong.

## NHL. Concussions rising despite rule change: Study

The NHL's three-year-old rule on illegal hits to the head isn't working and tougher sanctions are needed to reduce concussions, concludes new research led by Toronto's St. Michael's Hospital.

The study, published online Wednesday in the journal PLOS ONE, found that the number of head injuries has actually increased since the rule that made targeting an opponent's blindside illegal came into effect in the 2010-11 season.

“It is very clear that we haven't come very far. The problem is still a huge problem and it hasn't had the effect that people were hoping it would,” said lead author and neurosurgeon Dr. Michael Cusimano.

TORSTAR NEWS SERVICE



Canadiens forward Lars Eller lies on the ice after a check from Senators blueliner Eric Gryba during Game 1 of their first-round playoff series in Montreal. Gryba was suspended two games for the hit. GRAHAM HUGHES/THE CANADIAN PRESS

# McIlroy to Faldo: Keep the change

**British Open.** Young star shrugs off golf legend's two cents that he needs to work more to overcome struggles

Rory McIlroy hasn't gotten too worked up about his struggles this year.

He certainly doesn't need any advice from Nick Faldo.

McIlroy shrugged off a suggestion from the six-time major champion to spend more time concentrating on golf, saying Wednesday that Faldo “should know how hard this game is at times.”

McIlroy won his second major title last summer with a runaway win at the PGA Championship, but the 24-year-old from Northern Ireland has been off his game this season after changing equipment.

## Quoted

**“You’re going to go through highs and you’re going to go through lows. It’s just about trying to work your way out of the lows.”** Rory McIlroy, on his recent struggles.

Heading into the British Open, some have also speculated that off-the-course activities have cut into his preparation time and mental sharpness.

Earlier this week, Faldo seemed to join that group when he urged McIlroy to spend the next two decades focused solely on his golf, calling it his “window of opportunity,” before savouring all the benefits of being a multiple major champion.

“What’s the big deal?”

McIlroy said, “I haven’t had the best six months, but it’s OK. I’m fine. I’ve got a good life. So, you know, it doesn’t bother me. I’m in a good place. And as I said, I’m working hard. I feel like I’m working on the right things.

And sooner or later it will turn around and I’ll be back lifting trophies.”

Faldo said he believes McIlroy’s struggles are mainly mental.

“The most ideal thing is to go to the club, 9 in the morning, hit balls all day long and you leave at 5,” Sir Nick said.

McIlroy said he intended to play 108 practice holes at Muirfield leading up to the Open, and he took a jab at Faldo’s proposed schedule.

“I actually was on the range at 6:15 (a.m.), and got out of the gym at 6:15 (p.m.) — actually a 12-hour day compared to his eight-hour day,” McIlroy said.

THE ASSOCIATED PRESS

metronews.ca  
Thursday, July 18, 2013

**No women allowed**  
**Head of R&A defends men-only clubs**

Defiant, the head of the Royal & Ancient issued a Hootie Johnson-like salvo in the latest battleground over male-only golf clubs: The British Open will not yield to pressure over three of its venerable clubs refusing to admit female members.

The way Peter Dawson looks at it, to compare this to racial or religious discrimination is “absurd.”

At his news conference on the eve of the British Open, Dawson faced a barrage of questions about the no-women-allowed membership at Muirfield and two of the other nine venues in the tournament rotation.

He was prepared for the issue, reading from notes that made it clear he believes single-sex clubs do little harm to the game and have largely been targeted by the media, politicians and interest groups.

THE ASSOCIATED PRESS

## MLB

## AMERICAN LEAGUE

## EAST DIVISION

	W	L	Pct	GB
Boston	58	39	.598	—
Tampa Bay	55	41	.573	2½
Baltimore	53	43	.552	4½
New York	51	44	.537	6
Toronto	45	49	.479	11½

## CENTRAL DIVISION

	W	L	Pct	GB
Detroit	52	42	.553	—
Cleveland	51	44	.537	1½
Kansas City	43	49	.467	8
Minnesota	39	53	.424	12
Chicago	37	55	.402	14

## WEST DIVISION

	W	L	Pct	GB
Oakland	56	39	.589	—
Texas	54	41	.568	2
Los Angeles	44	49	.473	11
Seattle	43	52	.453	13
Houston	33	61	.351	22½

## Tuesday's result

American League 3 National League 0

## Friday's games

## All times Eastern

Tampa Bay at Toronto, 7:07 p.m.  
N.Y. Yankees at Boston, 7:10 p.m.  
Baltimore at Texas, 8:05 p.m.  
Atlanta at Chicago White Sox, 8:10 p.m.  
Cleveland at Minnesota, 8:10 p.m.  
Detroit at Kansas City, 8:10 p.m.  
Seattle at Houston, 8:10 p.m.  
Oakland at L.A. Angels, 9:05 p.m.

## Saturday's games

Tampa Bay at Toronto, 1:07 p.m.  
Atlanta at Chi. White Sox, 4:05 p.m.  
N.Y. Yankees at Boston, 4:05 p.m.  
Cleveland at Minnesota, 7:10 p.m.  
Detroit at Kansas City, 7:10 p.m.  
Seattle at Houston, 7:10 p.m.  
Baltimore at Texas, 8:05 p.m.  
Oakland at L.A. Angels, 9:05 p.m.

## Sunday's games

Tampa Bay at Toronto, 1:07 p.m.  
Atlanta at Chi. White Sox, 2:10 p.m.  
Cleveland at Minnesota, 2:10 p.m.  
Detroit at Kansas City, 2:10 p.m.  
Seattle at Houston, 2:10 p.m.  
Oakland at L.A. Angels, 3:35 p.m.  
Baltimore at Texas, 7:05 p.m.  
N.Y. Yankees at Boston, 8:05 p.m.

## NATIONAL LEAGUE

## EAST DIVISION

	W	L	Pct	GB
Atlanta	54	41	.568	—
Washington	48	47	.505	6
Philadelphia	48	48	.500	6½
New York	41	50	.451	11
Miami	35	58	.376	18

## CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	57	36	.613	—
Pittsburgh	56	37	.602	1
Cincinnati	53	42	.558	5
Chicago	42	51	.452	15
Milwaukee	38	56	.404	19½

## WEST DIVISION

	W	L	Pct	GB
Arizona	50	45	.526	—
Los Angeles	47	40	.500	2½
Colorado	46	50	.479	4½
San Francisco	43	51	.457	6½
San Diego	42	54	.438	8½

## Friday's games

## All times Eastern

L.A. Dodgers at Washington, 7:05 p.m.  
Pittsburgh at Cincinnati, 7:10 p.m.  
Philadelphia at N.Y. Mets, 7:10 p.m.  
Miami at Milwaukee, 8:10 p.m.  
San Diego at St. Louis, 8:15 p.m.  
Chicago Cubs at Colorado, 8:40 p.m.  
Arizona at San Francisco, 10:15 p.m.

## Saturday's games

Philadelphia at N.Y. Mets, 1:10 p.m.  
Pittsburgh at Cincinnati, 4:05 p.m.  
L.A. Dodgers at Washington, 7:05 p.m.  
Miami at Milwaukee, 7:10 p.m.  
San Diego at St. Louis, 7:15 p.m.  
Chicago Cubs at Colorado, 8:10 p.m.  
Arizona at San Francisco, 9:05 p.m.

## Sunday's games

Pittsburgh at Cincinnati, 1:10 p.m.  
Philadelphia at N.Y. Mets, 1:10 p.m.  
L.A. Dodgers at Washington, 1:35 p.m.  
Miami at Milwaukee, 2:10 p.m.  
San Diego at St. Louis, 2:15 p.m.  
Arizona at San Francisco, 4:05 p.m.  
Chicago Cubs at Colorado, 4:10 p.m.

## CFL

## WEEK 4

## EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	3	1	2	0	83	97	2
Montreal	3	1	2	0	63	74	2
Winnipeg	3	1	2	0	72	74	2
Hamilton	3	1	2	0	79	89	2

## WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	3	2	1	0	114	67	6
Calgary	3	2	1	0	87	82	4
B.C.	3	2	1	0	73	63	4
Edmonton	3	1	2	0	51	76	2

Friday's game — All Times Eastern

Toronto at Winnipeg, 8 p.m.

Saturday's games

Montreal at Calgary, 7 p.m.

Edmonton at B.C., 10 p.m.

Sunday's game

Hamilton at Saskatchewan, 7 p.m.

## SOCCER

## MLS

## Wednesday's results

New England at Colorado

Toronto FC at Chivas USA

Saturday's games — All Times Eastern

New York at Toronto FC, 4 p.m.

Colorado at Seattle, 4 p.m.

D.C. at Dallas at Philadelphia, 7:30 p.m.

New England at Columbus, 7:30 p.m.

Kansas City at Real Salt Lake, 10 p.m.

Vancouver at Los Angeles, 10:30 p.m.

## UEFA

## CHAMPIONS LEAGUE

## Second Qualifying Round

## First Leg

Cliftonville FC (Northern Ireland) 0, Celtic (Scotland) 3  
Gyor (Hungary) 0, Maccabi Tel-Aviv (Israel) 2  
HJK Helsinki (Finland) 0, Nomme Kalju (Estonia) 0  
IF Elfsborg (Sweden) 7, FK Daugava Daugavpils (Latvia) 1  
Neftchi Baku (Azerbaijan) 0, Skenderbeu Korce (Albania) 0  
SK Slovan Bratislava (Slovakia) 2, Ludogorets (Bulgaria) 1  
Shirak FC (Armenia) 1, Partizan (Serbia) 1  
Sligo Rovers (Ireland) 0, Molde FK (Norway) 1  
The New Saints (England) 1, Legia Warsaw (Poland) 3

Horoscopes

**Aries**

March 21 - April 20

There are so many positive influences in your favor at the moment that you really don't have to try too hard. Today's Jupiter-Neptune influence will make you feel more laid-back

**Libra**

Sept. 24 - Oct. 23

You will be asked to take on extra responsibilities today and although you are under no obligation to say "yes" you will earn yourself a great deal of credit if you do.

**Scorpio**

Oct. 24 - Nov. 22

You need to exercise self-discipline when dealing with financial matters.

**Sagittarius**

Nov. 23 - Dec. 21

If you have been planning a clean out of things that no longer serve a useful purpose then today is a good day to start. It won't be as disruptive as you fear

**Gemini**

May 22 - June 21

When communicating with other people make sure it's not just one-way traffic. In other words, listen as well as talk. What you learn today should be both enlightening and amusing.

**Cancer**

June 22 - July 23

Take care of details today or risk having to waste time putting them right later on. But don't get so involved in minutiae that you lose sight of what it is you are trying to do.

**Leo**

July 24 - Aug. 23

If you expect the best today it will most likely happen. How could it not when so many people are desperate to see you succeed?

**Virgo**

Aug. 24 - Sept. 23

Some of the things that were important to you yesterday won't seem so important to you today and come tomorrow you probably won't care about them in the slightest.

**Capricorn**

Dec. 22 - Jan. 20

Don't push yourself too hard, even if you are behind in your schedule. Timetables can be useful but they can also hinder your efforts and stifle creativity if they are too restrictive. The clock is your guide not your master.

**Aquarius**

Jan. 21 - Feb. 19

Try not to take it as a personal insult if someone refuses to see things your way. It could be you who has got it wrong. Okay, maybe that's going too far but it's certainly true that different people see things in different ways.

**Pisces**

Feb. 20 - March 20

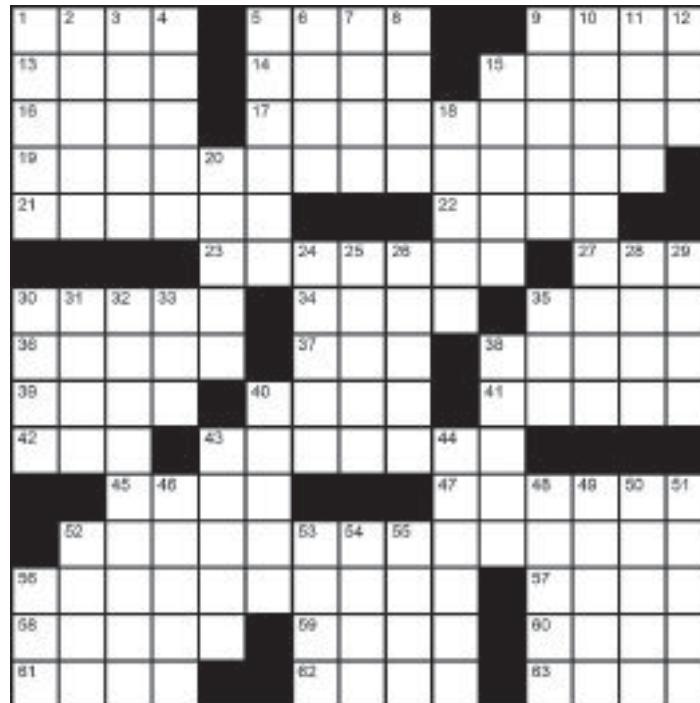
Don't sell yourself short. Claim the credit you deserve. Shout about your achievements. You are a very special person and you are doing some very special things.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. \_\_\_ of relief  
5. Actress Ms. Dawber's  
9. "Pardon me?"  
13. Epithet for Athena  
14. De-wrinkle shirts  
15. Poultry places  
16. Ville: English  
17. Joni Mitchell song that starts "Sitting in a park in Paris, France..."  
19. Alanis Morissette tune: 4 wds.  
21. Title of reverence for God in Hebrew  
22. Hopeful  
23. London, ON born actress Rachel  
27. Mil. rank  
30. Vaulted church areas  
34. Sits under the rays  
35. Prefix to 'gram' (Hospital image)  
36. Particular planet  
37. Mr. Danson  
38. Unrest unravellings  
39. British bars  
40. Up-in-the-sky toy  
41. Sea eagles, variably  
42. Sugar amt.  
43. Spray sort  
45. "\_\_\_-Di..." (Beatles song title bit)  
47. 'Birthplace of New Scotia' in Nova



Scotia

52. McCain cake, \_\_\_  
56. "The \_\_\_ Candidate" (1962) starring Frank Sinatra  
57. Wind direction device  
58. "I'm Every Woman" singer Ms. Khan

Advocate

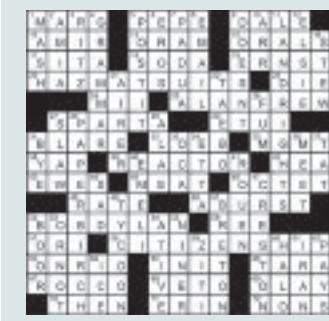
60. Empire of Peru  
61. Rhyme Time: Hissy, Missy, \_\_\_  
62. Clutter  
63. Caustics

Satisfaction" by The Rolling Stones

4. Austrian composer Joseph (b.1732 - d.1809)  
5. Food-in-a-basket fun  
6. Ancient Syria's biblical name  
7. "Holy \_\_\_!"  
8. Crop

9. Does labour  
10. Niagara Falls, The \_\_\_ Capital of the World  
11. Make \_\_\_ stop (Be driving, do this)  
12. US airport screening org.  
15. Ms. Chanel's  
18. Documents for filling out

Wednesday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Wednesday's Sudoku



Weather

TODAY

FRIDAY

SATURDAY



MAX: 26°  
MIN: 15°



MAX: 23°  
MIN: 11°



MAX: 24°  
MIN: 11°



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20. Retort to "You are not!" : 3 wds.  
24. Bustling  
25. Because of: 2 wds.  
26. Mountains in South America  
28. Gambler's input  
29. Brit singer Ms. Stone  
30. Scheduled time, as with a Dr.  
31. Positive  
32. Documents from process servers  
33. Cannes conjunc-tions  
35. Lady's man  
38. "The Beach-combers" character  
40. Sandra's "Speed" (1994) co-star  
43. 1st Greek letter  
44. Supposes  
46. One of Roseanne's TV daughters  
48. Politely mannered  
49. Go \_\_\_ length (Do whatever it takes): 2 wds.  
50. Small quantity  
51. \_\_\_ directed (Prescription warning): 2 wds.  
52. Morse Code bits  
53. Be a rock band musician  
54. U2's land  
55. Falls behind  
56. 1101 in ancient Rome



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